



Prestwich Football Club

COVID-19 RISK ASSESSMENT

GROUP TRAINING SESSIONS AND MATCHES

TEAM NAME	
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SITE ADDRESS	OFFSITE PLAYING FACILITY:
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BACKGROUND

Prestwich Football Club has a duty of care to protect the safety and welfare of its players, coaches and visitors, and have implemented this COVID-19 Risk Assessment/ Action Plan to allow their teams to return to small group training.

Coronavirus are a large family of viruses with some causing less severe disease, such as common cold, and other causing more severe disease such as Middle East respiratory syndrome (MERS) and severe Acute Respiratory Syndrome (SARS) coronavirus.

At the end of 2019 there were a cluster of cases of pneumonia of unknown cause detected in Wuhan City, China. In January 2020 it was announced that a novel coronavirus had been identified in samples obtained from cases and that the initial analysis of virus genetic sequences suggested that this was the cause of the outbreak. This virus is referred to as SARS-CoV-2 and the associated disease as COVID-19.

According to current evidence, the COVID-19 virus is primarily transmitted between people through respiratory droplets and contact routes. Human-to-human transmission is occurring extensively. Hence, precautions to prevent human-to-human transmission are appropriate for both suspected and confirmed cases. In addition to respiratory secretions, SARS-CoV-2 has been detected in blood, faeces and urine. In the context of COVID-19, airborne transmission may be possible in specific circumstances and settings in which procedures or support treatments that generate aerosols are performed.

The main symptoms of Coronavirus are:

- ✚ High Temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ✚ New, continuous cough – this means coughing a lot for more than one hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).
- ✚ Loss or change to your sense of smell or taste – this means you’ve noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least one of these symptoms, however, it maybe that people are asymptomatic and show no



FA GUIDANCE

In line with the government advice issued on 17th July 2020 with regards to activities outside the home The FA issued the following guidance:



Now the UK Government has given approval for outdoor competitive grassroots football and training sessions to re-start, this detailed guidance has been produced by The FA in relation to football in England. It applies to outdoor youth and adult football, as well as the small-sided game. For now, indoor football and futsal are not permitted. In outdoor competitive training and matches, physical contact is allowed, but for all other activity (e.g. warmups/ cool-downs) the Government guidance on social distancing should be observed. Where possible, ‘Two-metre plus’ distancing should be observed. Should Government guidance change in response to the current Covid-19 Alert Level, The FA guidance will be updated accordingly.





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RISK ASSESSMENT			
Assessment Area	Risk/Hazard Details	Control Measures	Level of Risk
Hygiene	It will be the responsibility of the pitch provider to welfare facilities during the periods of use booked and paid for by Prestwich Football Club in accordance with Government health guidelines.	<p>Prestwich FC appointed team official will ensure that specific details of facility operators welfare facility rules of use are understood by all team players and other officials.</p> <p>Prestwich FC appointed team official will provide hand sanitisers at the entrance and exit of the Pitch(s) and advise users to bring their own hand sanitiser, marked with their own name. Provide additional waste facilities and more frequent rubbish collection.</p>	MEDIUM
Travelling to provided facility venues Vehicle Parking	In line with Government guidance on travel, all team officials and players should only travel with another member from the family or support bubble. Adults from the same household should travel with the child to the venue together, or via a socially distant method (e.g. cycling).	<p>All Prestwich FC team officials and players should consider using all other forms of transport before using public transport.</p> <p>There should be no car-sharing with anyone outside your household or support bubble.</p> <p>Only the designated car park for the venue should be used by football members attending training or matches leaving a space of >2 metres between vehicles could be facilitated.</p>	LOW
Arrival Leaving	It will be the responsibility of the pitch provider to provide clear instruction to allow safe entry and exit to site incorporating clear signage and site rules information.	<p>On arrival at the provided facility, the designated and signed entrance/exit points should be used by everyone.</p> <p>All attendees should keep a minimum 2m away from other household groups. All attendees will be asked to use hand sanitiser on arrival by the designated Prestwich FC officer and will be temperature tested.</p> <p>Depart following the traffic-flow system that the venue will have in place.</p>	MEDIUM

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RISK ASSESSMENT			
Assessment Area	Risk/Hazard Details	Control Measures	Level of Risk
NHS Track and Trace	Facility providers must support NHS test and trace efforts by collecting name and contact information on participants at both training and matches.	Prestwich FC designated official will collect and record attendee information to be stored for a minimum of 21 days in-line with the Government Recreational Team Sport Framework and collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles. It should be used only for the purpose of NHS test and trace.	
Changing and Shower Rooms	Use of changing and shower facilities will be at the discretion of the facility provider. Facilities must follow Government advice on the use of indoor facilities when available.	All Prestwich FC team officials and Players should arrive ready dressed to take part in activities without the need to make a clothing change. They should also expect to shower at home. Where safety and safeguarding measures require their use, for example, to supporting players with disabilities, or when a child needs a change of clothing etc. the facility provider should advise the designated team official of the process.	



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Toilets	Toilets should be open pre match or training, during the match or training and for 30 minutes afterwards.	Designated Prestwich FC official will advise all team officials and players as instructed by the facility provider.	
Assessment Area	Risk/Hazard Details	Control Measures	Level of Risk
<p>Players and Team Officials</p> <p>COVID 19 Testing</p>	<p>Current government and FA guidance is that groups can be of no more than 30 persons including the coach. Transmission of the virus through respiratory or physical contact.</p> <p>All players and team officials must undergo a self-assessment for any Covid-19- symptoms.</p>	<p>Prior to the start of football activity, the appointed Prestwich FC Covid-19 officer of will ensure a safety briefing is provided before the commencement of any fixture and or training. This briefing will remind both sets of players and officials about their responsibilities in complying with the Code of Behaviour set out in Appendix 1 of The FA guidance.</p> <p>Prestwich FC players and team officials should not leave home to participate in football if they, or someone they live with is experiencing COVID 19 symptoms. The designated Prestwich FC official will carry out a spot test before each session covering:</p> <ul style="list-style-type: none"> • A high temperature (above 37.8°C); • A new, continuous cough; • A loss of, or change to, their sense of smell or taste. 	MEDIUM
Players	Competitive training can take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30 (including coaches).	<p>Training activities will be limited where possible. During matches in all settings before and after the session, and in any breaks, all participants will be instructed to practice social distancing, in line with Government guidelines on two metres or 'one metre plus</p> <p>No handshakes, team talk huddles, excessive celebrating and or high fives will be permitted</p>	MEDIUM
<p>Equipment</p> <p>Ball Handling</p>	<p>Transmission of infection through contact with equipment.</p> <p>The nature of football means that the ball is not frequently handled.</p>	<p>The sharing of equipment must be avoided where possible. Where equipment is shared, equipment must be cleaned before use by another person.</p> <p>All Participants should take their kit home to wash it themselves, rather than have one person handling a large quantity of soiled materials. Where kit absolutely must be shared or kept together (e.g. last-minute stand-in players, shortage of kit, or an essential club function), each person handling it must wash or sanitise their hands immediately after and appropriate cleaning arrangements for the kit must be made.</p> <p>When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. Where there are breaks in the game, or training, if throw-ins or handling has occurred the ball should be disinfected</p>	MEDIUM

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Assessment Areas	Risk/Hazard Details	Control Measures	Level of Risk
Spectators	Transmission of virus through respiratory or physical contact	All spectators should observe the rules of the provided facility. Prestwich FC team officials will try to limit the number of people present at sessions/games and ensure discrete groups of 6 per group maximum. Preferably one adult per player and no siblings. If siblings must attend, please ensure they do not mix with other people and do not interfere with equipment. All family members must observe social distancing and good hygiene practices. Persons classed as vulnerable must not attend.	Low
Drinks Breaks	Relaxing and social distancing. Transmission of virus through respiratory or physical contact	Drinking bottles should be kept with the parent/carer for the duration of the session and can be taken when a drinks break is called (these will be staggered between the different player groups). Players are to remain 2 metres away from other households. No empty bottles should be left on the ground at the end of the session.	Low
Environment	Transmission of virus through respiratory or physical contact	All sessions will be held externally, with enough room to separate the teams into permitted groups, giving each player adequate space to perform their activities.	Low
First Aid	Close attention including touch, examination may be required. Transmission of virus through respiratory or physical contact	The Designated team first-aider present, will be equipped with the appropriate PPE (including face coverings) to protect themselves and others if they need to compromise social-distancing guidelines to provide medical assistance. If a participant gets injured, a member of their household can assist if present and appropriate, but others (including match officials and teammates and coaches) will still need to socially distance unless a life- or limb-threatening injury necessitates compromising guidelines to provide emergency care.	MEDIUM
Other	Transmission of virus through respiratory or social contact	After training sessions and/or matches, participants must maintain government mandated social distancing for social interaction. This includes in any available changing rooms, showers, and any clubhouse facilities or other venue that participants may congregate in afterwards. Bars and restaurants, which includes any food or drink facilities inside a clubhouse, have been able to open since 4 July, in accordance with the latest Government guidance.	

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ASSESSMENT VALIDATION

Assessment Undertaken by:		Assessment Reference Number:	
Date of Assessment		Date of Review:	
Issued by: (Team Manager)		Date of Issue:	

CONSENT/DECLARATION

- I accept the risks involved for me to take part in organised training and or matches and will endeavour to assist with adopting and implementing the control measures identified.
- I confirm that I am not classified as vulnerable
- I confirm that no one in my household have visited international countries in the last 14 days.
- I confirm that none of my household family members are symptomatic. Should symptoms arise to anyone within the household, I will inform the club as soon as possible and adhere to the current government guidance.

Name of Player:		Name of Parent/Carer (if under 18 years old.	
Date:		Signature (Parent/Carer if Under 18 years old)	

Thank you for your cooperation. Further information can be found at the following websites:

<http://www.gov.uk/coronavirus>

<http://www.thefa.com>

<http://www.nhs.uk/coronavirus-covid-19/>