



## Club Policy – Coaching and Supervision Ratios

The ECB, through the LCF has produced a set of guidelines to ensure that all interactions and communications are open, observable and justifiable. Its purpose is to protect all participants and Volunteers, U18s and Adults in potentially vulnerable situations by ensuring more than 1 Adult is present at all times. The exception to this rule are emergency situations. The ECB have called this

### 'The Rule of Two'



### Examples of the 'Rule of Two' good practice

- Comply with ECB guidance on supervision / coach ratios
- Adults are never alone or out of sight with a participant, without another DBS checked coach or adult volunteer present
- Allow coaching and playing environments to be open to observation

- Where an U18 is scoring with an adult, the scoring area has been appropriately 'risk assessed', the area is open with scoring activity visible and the rule of two is applied.

## ECB Coaching Ratios

The below ratios should be followed, alongside complying with the 'rule of two'.

### NET COACHING

1 coach: 8 children



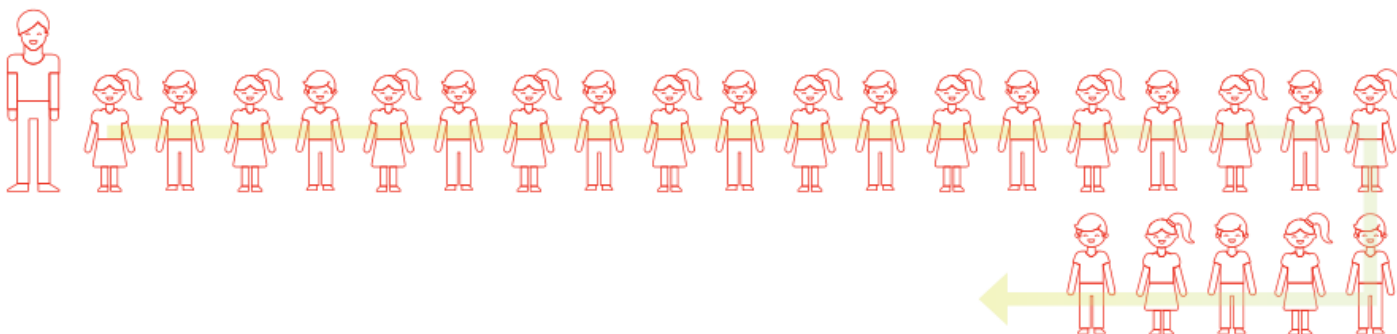
### GROUP COACHING - HARD BALL

1 coach: 16 children



### GROUP COACHING - SOFT BALL

1 coach: 24 children

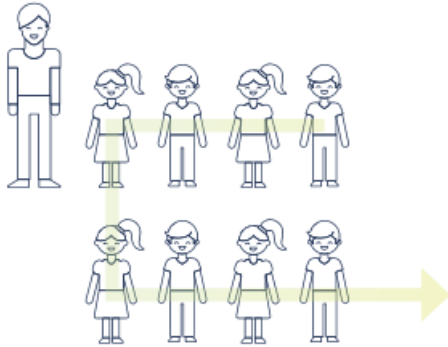


## Coaching and supervision ratios examples

### **SUPERVISION**

**AGED 8 AND UNDER:**

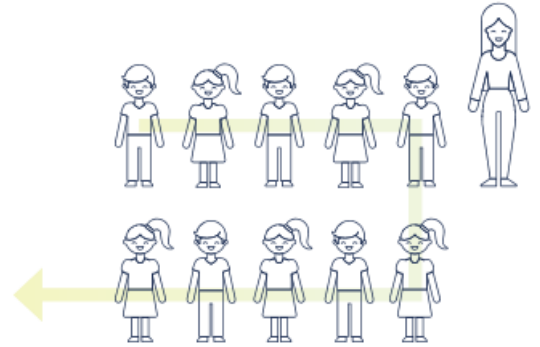
1 Adult to 8 children:



### **SUPERVISION**

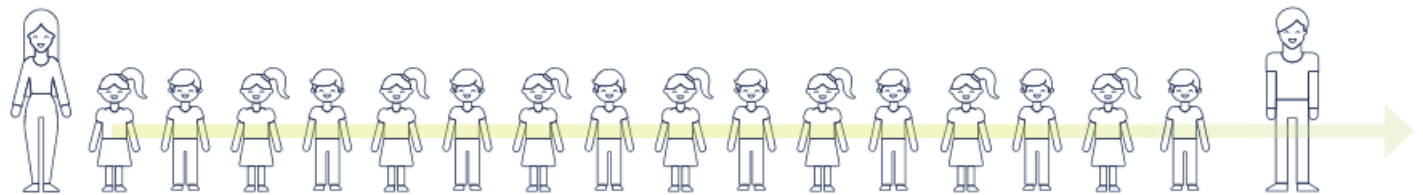
**AGED 9 AND UNDER:**

1 Adult to 10 children:



### **GROUP COACHING HARD BALL (U15'S)**

1 coach, 16 children and then 1 volunteer helper



### **GROUP COACHING SOFT BALL - (U8'S)**

1 coach: 24 children - 2 volunteer helpers

